

# PENMERE TO PENRYN



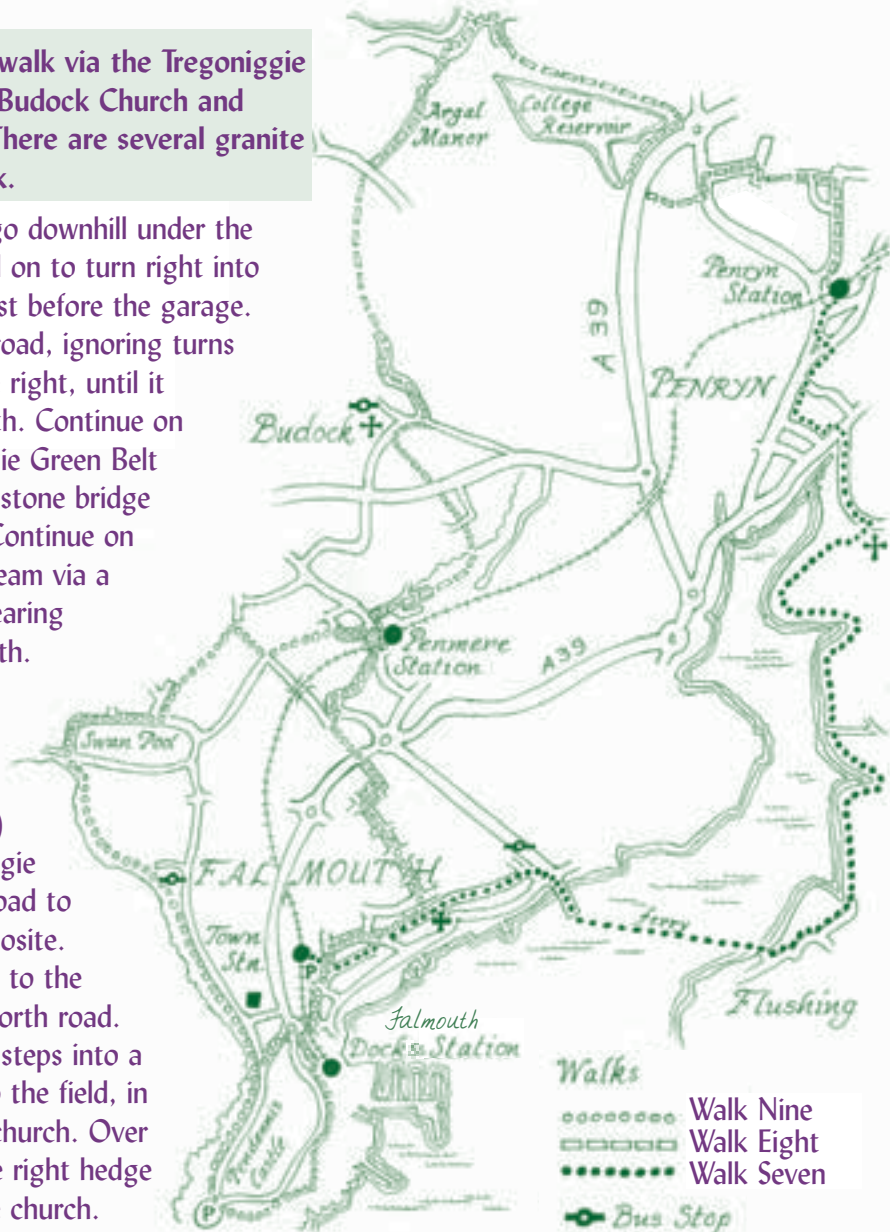
Walk Eight: Distance: Approximately 4 miles

## Walk Eight - Penmere to Penryn

This is a country walk via the Tregonigge Green Belt area, Budock Church and Argal Reservoir. There are several granite stiles on this walk.

From the station go downhill under the railway bridge and on to turn right into Shelburne Road just before the garage. Follow Shelburne road, ignoring turns to the left and the right, until it becomes a footpath. Continue on into the Tregonigge Green Belt Area ignoring the stone bridge over the stream. Continue on to go over the stream via a wooden bridge, bearing right along the path. Where the path forks go uphill.


At the top (the path continues on) cross the Tregonigge Industrial Estate road to a hedged lane opposite. Follow the lane up to the Falmouth - Maenporth road. Cross the road to steps into a field ahead. Go up the field, in line with Budock church. Over the stile follow the right hedge to the road by the church.



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Turn right along the road passing the car park  to turn right into a wooded area. Turn left and follow the path to the second exit on the left. Turn left and cross the road to Nangitha Farm lane. Follow the lane to pass the farm on your left. Continue on the tracks between fields, ignoring gates to the right and left, until it goes into a field. Go on into the field ahead and follow the left hedge over the next stile. Cross a narrow field to another stile and then go down the next field towards the left hedge and a stile, before the corner, into the next field. Follow the right hedge to a stile onto the road. Cross the road into the drive ahead and follow it past Argal manor and the farm. Cross the yard to your right and go into a hedged lane which you follow down to the road opposite Argal Dam. #



Turn right to a path on the right at the bottom of the hill. Follow this path, bearing left to cross a bridge to the left side of College Reservoir. At the dam follow the spill way for a few yards before crossing it.



Turn right and go up the broad path. At the top of the hill the path narrows. Continue on to go through a pedestrian gateway into a field - a housing development is planned here - cross the field on a clear path down to the left (a housing development will have a similar line) to another gateway. Now go up to pass the football practice ground and then beside St Gluvias Cricket ground following the right hedge. Go past the score board to a gap onto Kernick Road.

Turn left and cross the road into the first turning on the right - Parkengue. # Go along this industrial estate road turning right at the T junction and then left into a narrow path. Pass a football ground and on into the residential area. Go along and up the road ahead before taking the second turning on the right. This is Green Lane. Follow it up and over the hill - views behind you on the way up of the Combined University of Cornwall's Tremough campus, and Penryn River ahead. At the end of the road turn left and use the blue footbridge to cross the railway. Turn left into station road and follow it down to the station on your left