

The CORNISH WAY

With over 200 miles of inter-linking trails, The Cornish Way is a great way to explore Cornwall's fantastic countryside. It is a network of mainly quiet rural roads and traffic free off-road routes that connect Bude to Land's End.

Whatever you choose to do there is so much to be enjoyed ... distinctive landscapes, historic towns and villages, sandy beaches, local festivals, museums and a host of other visitor attractions. The Cornish Way also forms part of the National Cycle Network.

National Cycle Network Route Number

Route Grade

- Off Road
- Minor Route
- Urban Road
- Network in Devon

Symbols

- Settlements
- Railway Stations
- Places of Interest
- Railway Line
- Bus Branch Line

Trails

- The First & Last Trail
- The Engine House Trail
- The Coast & Clay Trail
- The St. Piran Trail
- The North Cornwall Trail
- The Camel Trail
- The Mineral Tramways Trails
- The Clay Trails
- Proposed New Trails

Useful Information:



www.cyclecornwall.com.uk
www.walkscornwall.com.uk
www.cornwall-centre-of-excellence.org.uk



Traveline for Public Transport Information
 0870 666 7268

Discover other multi-use routes and explore Cornwall's distinctive landscapes, historic towns, picturesque fishing villages and many exciting tourist attractions.

For further details on off road trails in Cornwall contact Cornwall County Council 01872 222000 or www.cornwall.gov.uk or write to Cornwall County Council, County House, St. Clements Building, Old County Hall, Truro. TR1 3HA

For more information on routes in your area contact Sustrans 0845 113 0065 or www.nationalcyclenetwork.org.uk



THE CAMEL TRAIL is a 17 mile mainly traffic free trail based on a historic railway track, running from the Bodmin Moor in the North to Padstow on the Camel Estuary to the west.

THE MINERAL TRAMWAYS is one of the largest programmes of its kind in Britain and is included in a short-listed bid for World Heritage Site status.

The Mineral Tramways are still under development and work should be completed by 2007. Three trails are already open - the Coast to Coast Trail, the Great Flat Lode Trail and the Tresavan Trail. They can be used by walkers, cyclists and equestrians.

THE CLAY TRAILS

Explore Cornwall's Clay Country on the Bugle, Wheel Martyn and the Par Beach Trails. Whether you cycle, walk or ride these tranquil, mostly traffic-free paths, 3-5 miles long are perfect for you and your family.

The Clay Trails offer you stunning colours of mica dams, peaceful lakes and clay slip peaks reaching to the sky. See how the china clay industry has shaped the fascinating landscape seen today.

The **National Cycle Network** is a comprehensive network of safe and attractive places to cycle throughout the UK.

10,000 miles are due for completion by 2005, one third of which will be a traffic-free paths, the rest will follow quiet lanes or traffic-calmed roads. It is co-ordinated by the charity Sustrans, with the generous support of over 450 local authorities and other partners.

NATIONAL CYCLE NETWORK

