

WILD Young Parents Project: Our Offer during C19



FAMILY ACTIVITIES

'Focus 15' parent and baby weekly videolink group activities focused on attachment

Music Mondays – mass video singalong with our new friend Belinda, the singing puppet

Storytime – relaxing bedtime video stories from your favourite keyworkers

WILD Choir – parents singing together across the county

Makaton Nursery rhymes - video fun from our music team

Play at home – video demos and photo galleries

GROUPS FOR YOUNG PARENTS

From the first week of lockdown we were offering video link groups online, in the same timeslots as our usual 12 groups.

Due to rise demand, we are now offering:

17 weekly online videolink groups – with all our usual group 'Healthy, Happy & Safe' content

Daily drop-in chat in every group – peer support

Daily check in from our team for every group - health and wellbeing, public health updates, practical problem-solving

EMERGENCY RESOURCES

Our office team are providing

- remote electric top-ups
- internet data top up
- access to emergency funds
- links to Foodbank and Fareshare
- emergency white goods and other household items

MEDIA MESSAGES

We are promoting simple key messages for our families and friends, across all our social media platforms.

We are focusing on sharing and reinforcing public health messages, helping parents cope in lockdown, and improving mental wellbeing.

<https://www.facebook.com/wildyoungparentsproject/>

<http://www.twitter.com/WildProject1>

<http://www.instagram.com/wildyoungparentsproject>

How to get in touch:

Here are our individual contacts. Please also do arrange to work together via Zoom, Skype, Microsoft Teams etc. (all our team are already set up on these systems).

WILD Team	Contact for:	E-mail	Phone
Jo Alleyne	St Austell mums, and early years East	jo.alleyne@wildproject.org.uk	07818 109251
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